

## DRUGS THAT CAUSE BLEEDING PROBLEMS

One month prior to surgery, supplemental Vitamin E, Aspirin, or Aspirin products and medications containing Ibuprofen should be discontinued because they promote bleeding.

### PRODUCTS CONTAINING ASPIRIN:

Alka-seltzer	Buffdyne	Fiorinal	Sine-aid
Anacin	Buffaprin	4-way cold tabs	Sine-off
Analgestine	Bufferin	Gelprin	Soma comp. tabs
A.P.C.	Congespirin	Indocin	St. Joseph Products
A.S.A.	Coricidin	Liquiprin	Talwin Compound
Ascriptin	Darvon	Lortab ASA tabs	Tolectin
Asperbuf	Darvon Compound	Meproamate	Triaminicin
Aspercin	Dristan	Midol	Trigesic
Aspergum	Duragesic	Motrin	Vanquish
Aspirin	Ecotrin	Norgesic	Zorprin
Aspirin Suppos.	Equagesic tabs	Norwich Aspirin	
Aspir-phen	Excedrin	Percobarb	
Aspirtab	Feldene	Percodan	
Bayer	Fiogesic	Robaxisl	

### PRODUCTS CONTAINING IBUPROFEN:

Advil	Midol 200	Nuprin
Haltran	Motrin	Rufen
Medipren	PeptoBismol	Vitamin E

If must take something for headache, menstrual cramps or other aches and pains, you may take Tylenol (Acetaminophen) as directed for the time prior to your surgery. Check the labels on any medicine you plan to take in pill, capsule, or liquid form. Do not take anything containing acetylsalicylic acid or salicylates.

Your cooperation can help us avoid bleeding complications with your anticipated surgery.

Because of reports of possible adverse reactions following intake of some non-prescription, over-the-counter medications or supplements while undergoing an anesthetic, I am asking you to stop taking these for a period of two weeks before and two weeks after your surgery. Please inform us if you have been on any of these (see list below) during the past two months.

Seldane  
Hismonyl  
Erythromycin  
St. John's Wort  
Redux / Meridia  
Ma juang / Chinese Ephedra / Epitonin  
Fen-phen / The Formula  
Echinacea  
Ginkgo  
Any other herbs or herbal drinks  
Steroids  
Any over-the-counter medications including cold remedies  
Any homeopathic remedies  
Recreational drugs (cocaine, marijuana, speed, heroin, etc.)  
Fish Oil  
Melatonin  
Cayenne Pepper

Also, it is important that you submit a complete list of prescription medications and dosages if not already in your medical history form. Keep in mind, we add substances to this list periodically, so if you are taking something that is not on the list tell us what it is so we can check it out. On the previous page is a more complete list of medications which may cause bleeding or interfere with anesthesia.